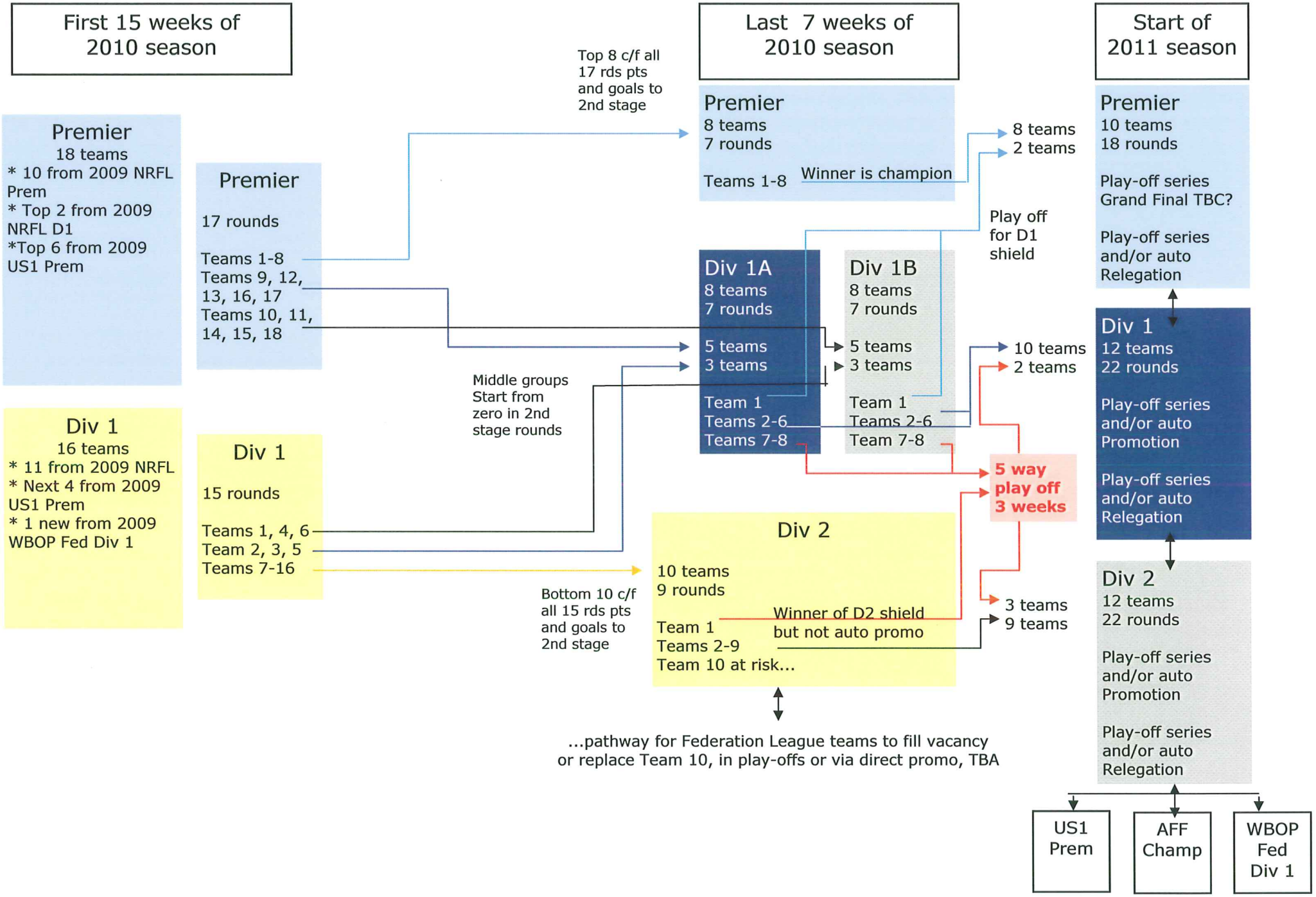NRFL 2010 AND 2011 COMPETITION FINAL STRUCTURE